



JOURNEYS

The journey through loss and grief is difficult and lonely. Children and adolescents need a safe place to express the grief, anger, and fear related to loss — thereby developing important coping skills. The Journeys program works with children and adolescents age 3 through the teenage years who are affected by the serious illness or the death of a loved one.

OUR SUPPORT GROUPS

All support groups are facilitated by board-certified art therapists who use art and other creative means to help children express their feelings. Adult bereavement support groups, facilitated by social service department staff, are available to help adults live with their own loss as well as the loss experienced by the children.

Our support groups are as follows:

“A Circle of Friends”

For children who have had a loved one diagnosed with cancer or another life-threatening or serious illness.

“A Circle of Hope”

For children who have experienced the loss of a loved one.

“A Circle of Growth”

For adolescents who have experienced the loss of a loved one.

“A Circle of Strength”

Based upon need, we occasionally offer specialty groups focusing on such issues as sudden or traumatic death, AIDS, and sibling death.

Individual/Family Sessions are also available when needed.

GRIEF EDUCATION FOR THE COMMUNITY

As part of Journeys’ commitment to the community, a number of special services are available to schools, developmental centers, teachers’ groups, and community centers. These services range from consultation to educational programs.

There is a nominal fee schedule. No one is ever turned away due to an inability to pay.



Journeys is a not-for-profit program administered by Valley Hospice. Private donations are important in order to continue this service. Gifts can be made in honor of or as a memorial to a loved one. All contributions are tax-deductible.





A HELPING HAND

Thanks to our generous benefactors, we continue to serve clients who cannot afford to pay for our services. We gratefully accept donations which may be made in honor of the living or as a memorial to the deceased. All contributions are acknowledged and are tax-deductible.

Please make your check payable to **Valley Hospice/Journeys**, and mail it with this form to:



Valley Hospice/Journeys
c/o The Valley Hospital Foundation
223 N. Van Dien Avenue
Ridgewood, NJ 07450-2736

Enclosed is my gift made payable to Valley Hospice/Journeys in the amount of: (please print)

\$100 \$50 \$25 Other: \$ _____

In honor of:

In memory of:

My name _____

Address _____

City _____

State _____ Zip _____

Telephone _____

Please send an acknowledgement of my gift to:

Name _____

Address _____

City _____

State _____ Zip _____

YOU SHOULD KNOW...

- Valley Home Care (VHC) provides Medicare and Medicaid services and is reimbursed by other private health insurers.
- VHC is accredited by JCAHO.
- VHC is licensed as a home health agency by the New Jersey State Department of Health and is certified by the Federal Department of Health and Human Services.
- VHC is under the direction of a volunteer Board of Trustees, selected from the local community.
- Valley Hospice is part of Valley Health System. Valley Health System is comprised of The Valley Hospital, Valley Home Care and Valley Health Medical Group.
- Through its affiliation with The Valley Hospital in Ridgewood, VHC is also affiliated with The NewYork-Presbyterian Healthcare Network.
- VHC is a member of the National Association for Home Care, the Home Care Association of New Jersey, the New Jersey League for Nursing, the National Hospice and Palliative Care Organization, the New Jersey Hospice and Palliative Care Organization and is supported by the United Way of Bergen County.
- VHC does not discriminate on the basis of race, color, national origin, handicap, age, religion, sex, or sexual orientation.

Valley Hospice

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9/05



JOURNEYS

Support for Children and Adolescents
Affected by the Serious Illness or
Death of a Loved One

